



12th November 2015
Week 6 Term 4

Principal's News

Not long now until the Holidays!

During this past fortnight we have had a few visitors at Buronga Public School.

We were so lucky to have the Life Education Van and Harold the Giraffe, come and explain about the body, healthy eating and cyber bullying. Life Education has been an important part of our PDHPE program this year and it was wonderful to hear how much the students gained from their visit.

We also had a visit from Dianne Langley, Itinerant Support Teacher Hearing. She came and worked with all the classes and talked about the importance of blowing your nose properly and had some great puppets to get her message across. We will be seeing Mrs Langley later in the term again.

Next week Mr Stewart and I will be in Sydney for the captains visit. We will be visiting our sister school at Narraweena near Manly on the Northern Beaches of Sydney. 5/6 will have Mrs Hunt teaching the class from Tuesday to Friday. Each of the teachers will be taking turns at sitting in my chair, as Principal, for the week and the Director of the Far West, Trish Webb, will also be in during the week, while I am away.

I have printed out another copy of the Buronga Anti-Bullying Policy which was sent home earlier this year, it is also on our website. Please have a look through with your children. It is a great reference to look at, especially as we all have a role to play. There is also a parent section which lists ways you can help us prevent bullying and who to report bullying to.

Last week I was offered a new position to start in 2016. I have been at Buronga Public School for close to 4 years now and in this time I have seen some fantastic positive changes. I have learnt a lot as an educational leader and it is now time for me to take on a new challenge. My new position is at Kingscliff Public School, on the Far North Coast of NSW, as Deputy Principal. This is an exciting opportunity and with over 550 students at the school it is a huge step forward in my career. I will be here until the last day of the term and hopefully by then we will know who the new Principal will be. They will be advertising for a new Principal in the coming weeks. I look forward to catching up with everyone of you before the end of term.

Have a great fortnight.

Kind Regards
Belinda Mirana
Principal

CALENDAR OF EVENTS

Week 7

Monday 16th November

Last Kindy 2016 Orientation 2-3pm

Tuesday—Friday

Captains Visit Sydney

Week 8

26th November

NRL Gala Day Yrs 5/6

Week 9

3rd December

Reward Day K—6 Inflatable world

(a)det.nsw.edu.au



Mrs Gebert



ALA American Library Association



**Australian Library and
Information Association**



KNOWLEDGE IS POWER



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Website of the Fortnight

Life Education Website

www.lifeeducation.org.au

Life Education has been empowering children and young people to make safer and healthier choices through education for more than 35 years. We are the largest non-government provider of drug and health education to children and young people, and their families and communities, Australia wide. We are national in reach – operating in all States and Territories.

The Life Education Website has a “Parent Hub” section which allows parents and carers the opportunity to discover what your child learnt in the mobile classroom.



P & C NEWS

Hi Everyone

I'd like to remind everyone about lucky jars for Festival. Just fill up your empty jars with small items such as pencils, erasers, stickers etc and bring them in. We would like to see some from each family.

We need all sold and unsold raffle tickets back to the school office by Friday 20th November. Thank you to all the families that have sold a few or a lot of raffle tickets...it is fantastic and there are amazing prizes again this year.

Vivian will try and catch all stall coordinators before Festival.

I look forward to seeing everyone next Saturday between 6 and 9pm.

Have a great weekend!

Viv



Year 3/4 doing the Healthy Ears activities.

KNOWLEDGE IS POWER



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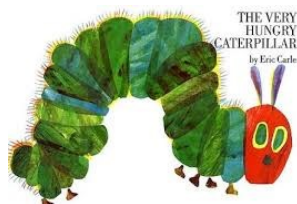
Book of the Fortnight

The Very Hungry Caterpillar

by
Eric Carle

Eric Carle's *The Very Hungry Caterpillar* is a perennial favourite with children and adults alike. Its imaginative illustration and clever cut-out detail charts the progress of a very hungry caterpillar as he eats his way through the week.

Mrs Mirana taught K/1 yesterday and they got to hear Eric Carle read this book on the computer and then complete a healthy eating activity.

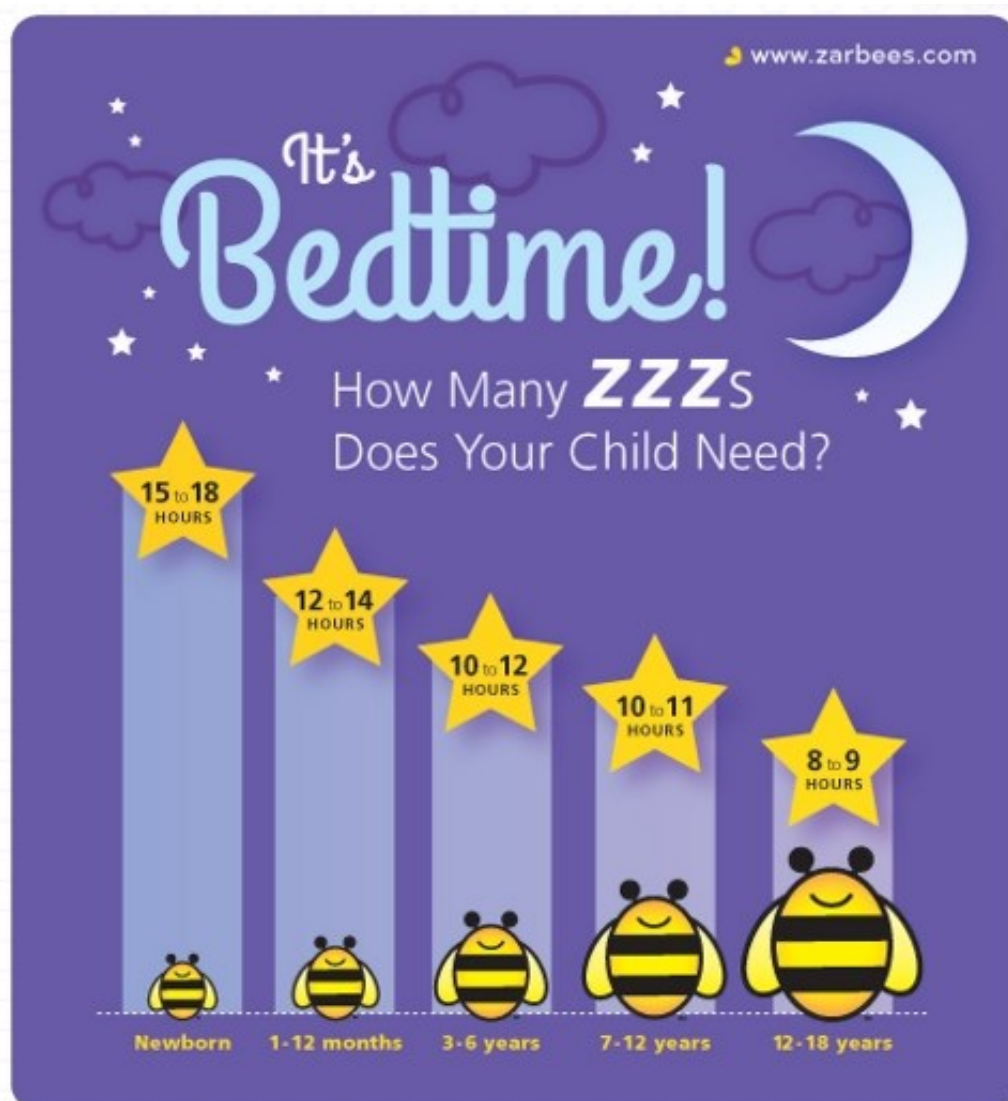


The Importance of Sleep

When I was in Sydney I heard Doctor Carmel Harrington speak. She is an Australian sleep scientist whose insights into sleep have helped improve the health and well-being of thousands of Australians. She is a consultant to numerous health and biomedical companies and specialises in paediatric and teen sleep health. She is an honorary research fellow at Westmead Children's Hospital, and author of two best-selling sleep books.

She was fantastic and really emphasised just how important sleep is, not only for your children but for you too. Please see the chart below for a good reference as to how many hours she recommends.

Website: www.sleepforhealth.com.au



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We're on the web!
Buronga-p.schools.nsw.edu.au

Card games to play at home for maths:

Number order— Kindy

Students turn over four cards and have to put them in order from lowest to highest

Biggest number— 1/2

Students turn over two cards and have to make the biggest number. Those students who make the biggest number win. Players take turns to flip two cards from the deck and place it face up in front of them and add or subtract to find the total. The winner of the round is the person with the highest value.

NB Students must arrange so the larger card is first and in front of the smaller card.

Biggest number 3-6

Students turn over three, four, five or six cards and have to make the biggest number. Those students who make the biggest number win.



CLASS NEWS

K/1 News

This term, the class are studying a unit called Celebrations, where we study various celebrations around the world—the history, symbols, food and clothing which represent that particular event. So far we have looked at The Gunpowder Plot and Remembrance Day and next week, of course, we will look at the International Food Festival.

The end of the year is fast approaching and the class are busy with assessment tasks and completing all set work, well done to every-one for their positive attitude to all work presented, it makes it so much easier to teach if the class want to learn.

Mrs Olofsson

1/2 News

We have had a busy 2 weeks and I would like to thank all parents for being so patient with me having to be off class at different times to do Reading Recovery. Mrs Cock is returning to school in 2 weeks time and hopefully everything can go back to normal.

It is good for students to experience different teachers and 1/2 have been great. It has been nice to see how proud they have all been, especially with their maths work, when Mrs Gebert has been on the class. They have really come a long way with their maths skills and it has been fantastic to see their growth.

Enjoy the last couple of weeks of school.

Mrs Bernadette Hogarth

3/4 NEWS

In literacy, we have sent off our letters to Lower Murray Water to thank them for organising the fantastic water week activities that we participated in at the show. In grammar we have been learning about irregular plurals and common suffixes. In maths we have been reviewing 3D shapes and working hard on our subtraction - some students are now quite competent with trading so well done! Our tables are getting better all the time!

Don't forget to encourage your child to read at home. All students have readers and practising at home really helps to consolidate the learning at school. ***Don't forget Friday is Library borrowing day - send a book bag so students can borrow!***

Ms Niemann & Mr Mirana

"Views from Attic"

Dear Parents

First of all, welcome to Brayden. Brayden is in Year 6 and has joined our class for the rest of the year.

Yesterday most of year 5/6 travelled to Wentworth to compete in the annual T20 Blast Schools cup. All children did exceptionally well and were excellent representatives of Buronga PS. There were boundaries hit, catches made, stumps hit and runs scored. All in all a great day. If you are interested in your child playing cricket let me know I can try and put you in touch with a local club

Next week I am travelling to Sydney with the school captains to visit Narraweena PS. While I am away Mrs Hunt will be teaching year 5/6.

Mr Stewart

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We're on the web!
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Please remember the Bus
Zone out the front of the
school.

The Police will be Blitzing
the area over the next cou-
ple of weeks. \$311 fine and 3
demerit points.



Could parents
and carers
please let the
office know if
your details or
phone numbers
or home
address has
changed in any
way, so that we
have an up to
date record on
your child. It is
very important.

OUTDOOR EDUCATION NEWS

In Outdoor Education Science this fortnight, K/1 have continued learning about "mini-beasts and pets". Last week we looked at what our pets need as shelter, what natural shelter they would have and the man-made shelter that we provide for them. We compared the two types of homes and talked about what was the same and different. Grade 1/2 have continued our investigation of "dirt and rocks". Last week we bought in some interesting rocks from home. Thank you to all those families who sent in some amazing rocks. Abby had some very interesting rocks including a piece of iron ore. We were all surprised how heavy it was and amazed that you could use it to make steel. Carla bought in her rock collection and we found one of her rocks, a pretty blue one, was lapis lazuli... Oliver and Sienna also found some interesting rocks in their garden. We talked about one rock that looks like sponge and found it was a piece of scoria that was the froth off lava from a volcano! Very interesting! Grade 3/4 and 5/6 have continued talking about water and its importance to our area. We have been learning some facts about water usage in this area and how water gets to our homes. The chook pen is finished and there will be chooks in there for the International Festival next weekend. Come and see our new chooks as of Monday next week.

Ms Niemann

Get your routine right

About 30 to 40 minutes before your child goes to bed, carry out the same steps every night - make this routine your bedtime ritual. Having a regular routine means your child's body will start to prepare for sleep as soon as you start this process. This is especially important when you are making adjustments to their bedtime to help with the clock change.

- Lighting**
Dim the lights in the bedroom ready for your return from the bath, as this will help with the production of the sleep hormone melatonin.
- Warm bath**
Give children a warm, relaxing bath lasting no longer than 10 minutes. But this should not be playtime as this could over stimulate your tired child. Washing hands and cleaning teeth can be done in the bathroom before you all go straight into the bedroom. Do not go back into the living area, as you will lose the focus and magic of the routine.
- Dress for bed**
Have all your little ones night clothes ready for your return from the bathroom so they can quickly get dressed and climb into bed.
- Story time**
Read one or two stories or sing a gentle lullaby. Have a cuddle and tuck them in with their favourite soft toy so they are warm and cosy.
- Time alone**
Now that they're drowsy, leave the bedroom so that they learn to fall asleep independently. Your child should be asleep about 15 minutes later.

www.inthenightgarden.co.uk
Find out more on...
www.millpondsleepclinic.com



Don't forget this weekend is head
lice check weekend:)

Kids Helpline
1800 55 1800
Kids Helpline is a service of BoysTown.

Buronga Public School

Student Name: _____ Class: _____

My child was absent from school: Date/s

Reason: _____

Signed (Parent/ Carer) : _____

Buronga Public School

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My child was absent from school: Date/s

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Reason: _____

Signed (Parent/ Carer) : _____



International Food Festival

Saturday November 21, 2015
6-9pm Burunga Public School - 1 Chapman St, Burunga

Outside Broadcast
 by Hot FM

Kids' Activities
Entertainment & Demonstrations

Major Raffle Draw
 Over 25 prizes in total worth over \$5,000

1st prize
 7 night family holiday to Victoria Harbour S.A.

2nd prize
 \$500 cash

14 Food Shells to choose from
 Greek, Italian, Canadian, Mexican and more

Sponsors: Sunraysia Daily, One Health, Local Therapy, Burunga Public School, T&L Adcock, moulta fresh



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