



15th May 2015
Week 4 Term 2

Principal's News

I am a very proud Principal.

During the past week students in Year 3 and Year 5 have been doing their NAPLAN tests. They have completed 4 tests in 3 days and all of them have done a great job. All students had a go at questions and all students conducted themselves in an outstanding way. Please give them a big hug this afternoon and tell them how proud you are of them:)

Year 5 and 6 linked up via Video conference last week with Kids Helpline. This is a great resource for all students and as the helpline counsellor said, they can even ring to talk about good things happening in their life. This was a great start to what I hope are more Video Conferences. We aim to link up at different times during the year to talk about things like; Cyberbullying, friends, transition to High School, bullying, being a school leader, peer pressure and worry. We are always trying to be proactive at Buronga Public School with all these issues and we hope that if students are worried or upset about something at school they will let their teacher know. This is a great start for our older students and I would like to see Kids Helpline filter into our younger classrooms as well.

At the end of the term we have a reward day. This term we are going to have an in school disco on Monday 22nd of June. Sarah, from Dance Force in Melbourne did dance lessons with all students K—6 and will be returning to run a disco from 2pm-3pm. Students will be given a drink and chips as part of the disco and prizes will be handed out during the disco as well, for participation in games. Students will be able to come to school dressed in "Dance Theme" for the day (please make sure they are warm though). A note will go home as this gets closer.

Cross Country was successful and we have 30 students going through to the Murray Darling/Barrier event at the Buronga Botanical Gardens on Friday 29th May. Please return the permission notes as soon as possible.

We have had a lot of sick students during the past couple of weeks. Please have a look at the A-Z of children's health "Too sick for school?" on the back couple of pages of the newsletter this week. It is a good guide for working out how long students should be away from school and even when to see a doctor. It is also available on line at; <http://www.schoolatoz.nsw.edu.au/wellbeing/health/too-sick-to-go-to-school>. Please also check heads this weekend for head lice. Even though it is getting cooler they are always around.

Have a great fortnight.
Belinda Mirana

Cross Country

Principal



CALENDAR OF EVENTS

Week 6

Thursday 28th May

Year 6 GRIP leadership conference Mildura

Friday 29th May

Cross Country

Week 8

Monday 8th June

Queens Birthday—No school

Monday 15th June

School Photos

KNOWLEDGE IS POWER



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App of the Fortnight

POPTROPICA

Cost : Free

Kids can now play the imaginative game of **Poptropica** anywhere! This app, produced by Pearson, allows kids to create three of their own Poptropican characters and practice their mystery-solving skills in a series of fun Poptropica Island quests on Mythology Island, 24 Carrot Island, Time Tangled Island, and more.

Ages 5 & up
For iPhone, iPad, iPod
Touch



Library

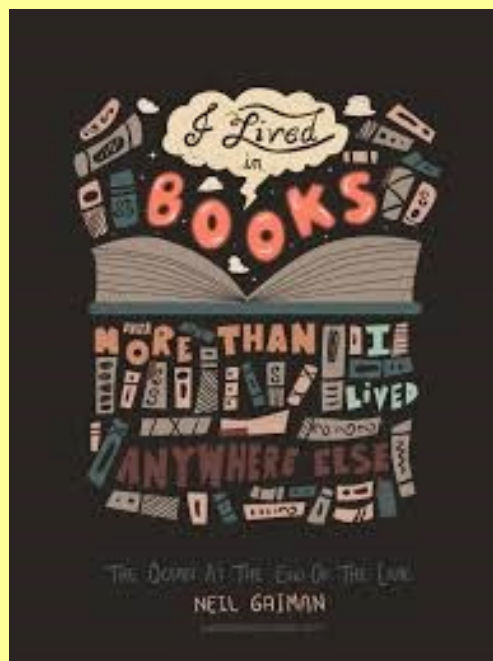
Another busy time in the library.

K/1 have been talking about characters in books- we particularly enjoyed reading "When the Wind Changed" by Ruth Park on a very windy day. 1/2 are learning about why alphabetical order is so important in many aspects of the library. 5/6 are looking at different types of fiction and 3/4 are researching a place in Australia.

Keep up the great borrowing and returning.

Have a great fortnight.

Mrs C



BACKYARD LEAGUE CENTRE MILDURA



NRL BACKYARD LEAGUE CENTRE

Every Wednesday from
29th April—13th May
Time: 4.00pm—5.00pm

Venue: Sarah Oval, Eleventh St & San
Mateo Av, Mildura VIC
Open to children aged 5-12
Cost: FREE

All children completing the program
receive a free NRL football

To secure a place, register online at
www.srl.leaguenet.com.au

Click "Player Registration" under the
SRL Competition" tab



Backyard League is an exciting initiative introducing children to Rugby League in a safe, non-competitive and fun environment.

Regular Competition to begin on 20th May

For more information contact Martin O'Rourke on 0417 229 755 or morourke@nrl.com.au

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Website of the Fortnight

Parentline

www.parentline.org.au

Parent Line is a telephone counselling, information and referral service for parents of children ages 0 to 18 who live in New South Wales. Our service includes the [Early Childhood Intervention Infoline](#) since early 2011, providing information and support about concerns about child development, disabilities and developmental delays.

Parents, grandparents and carers anywhere in the state can call Parent Line on 1300 1300 52 for no more than the cost of a local call. We are available 9am to 9 pm Monday to Friday, and 4pm to 9pm on weekends.

Calls are answered directly by our team of trained, professional counsellors. Each of our counselling staff have many years of experience in helping families deal with ordinary parenting dilemmas and a range of more difficult problems.

**Parent
Line**

1300 1300 52



P & C NEWS

I would like to thank all the families who donated items for the Mothers Day hampers. We had some great gifts brought in, and the hampers looked fantastic. Great Work Everyone!!

Forms will be sent home this Friday for anyone who wishes to purchase items personalized by their child. Please have forms and money returned by Friday 22nd May 2015.

If you have any suggestions for P&C please feel free to pop a note in the P&C box in the office. We are always open to new ideas and will try to incorporate as many as we can.

Don't forget, banking days are Wednesday every week and the Bendigo Bank Wentworth Community Branch do kick back a small profit to P&C for every dollar banked. Application forms are in the office if you need one.

Have a great weekend.

Vivian

Year 3/4 with some great maths shapes & activities they made:)



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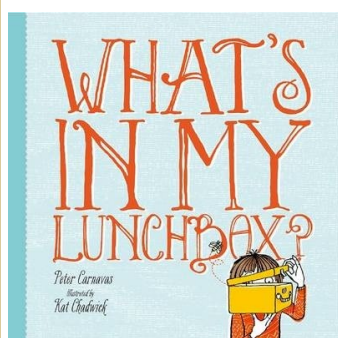
Book of the Fortnight

What's in My Lunchbox

by
Peter Carnavas

I looked at this book in the library lesson with Year 1/2 this week and we talked about what makes a healthy lunch.

[What's in My Lunchbox](#) is a timely story for new school children and younger children experiencing lunchbox offerings for the first time. The rhythm and repetition of the text will soon have young children 'reading' along. Illustrations provide offer extras for young readers to identify. Young readers will also be able to empathise with the growing apprehension illustrated. Plenty of opportunities to generate discussion about lunchbox choices. Love the grinning lunchbox!



One-cup pancakes with blueberries

A super-easy breakfast pancake recipe

Makes 8

Ingredients

- 1 large free-range egg
- 1 cup of self-raising flour
- 1 cup of milk
- sea salt
- **Optional:**
- 200 g blueberries
- olive oil

4 tablespoons natural yoghurt



Method

1. To make the batter, crack the egg into a large mixing bowl.
2. Add the flour, milk and a tiny pinch of sea salt.
3. Whisk everything together until you have a lovely, smooth batter.
4. Fold through the blueberries, if using.
5. Put a large frying pan on a medium heat and after a minute or so, add ½ tablespoon of oil.
6. Carefully tilt the pan to spread the oil out evenly.
7. Add a few ladles of batter to the pan, leaving enough space between each one so they have room to spread out slightly – each ladleful will make one pancake, and you'll need to cook them in batches.
8. Cook the pancakes for 1 to 2 minutes, or until little bubbles appear on the surface and the bases are golden, then use a fish slice to carefully flip them over.
9. When the pancakes are golden on both sides, use a fish slice to transfer the pancakes to a plate.
10. Repeat steps 5 to 9 with the remaining batter, adding ½ tablespoon of oil to the pan between batches, if needed.
11. Serve the pancakes straight away, topped with a dollop of natural yoghurt, and some extra berries, if you like.

This recipe has been adapted from Jamie Oliver's Kitchen Garden Project, Jamie Oliver Food Foundation's program for primary schools. For more information on his work in schools visit <http://www.jamieskitchengarden.org>

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Card games to play at home for maths:

K-6

Make 10

One player deals out ten cards and places them face up in a row. The first player then looks across the row of cards for combinations that add up to 10 (any number of cards is fine). Only one combination can be removed.

The aim of the game is to collect as many cards as possible, so combinations that require more cards are favoured.

Once a combination of cards has been removed the cards are replaced with new ones from the pack. Play continues until there are no more cards or combinations to 10. The winner is the player with the most cards at the end.



CLASS NEWS

K/1 News

I hope all mums had a great day on Sunday and were thoroughly spoilt by their children!

But what a busy two weeks we have had. The cross country, a dental health session with Lisa, making mother's day gifts, not to mention all the normal work we do each and every day. I don't think I have been working them too hard, and tissues are easily at hand for colds, but there is a very nasty viral bug going around at the moment so please make sure your child only comes to school if they are well enough. Keep reading regularly at home, it does not have to be school books but any reading is great.

Thanks, Louise Olofsson

1/2 News

Well its that time of year again with the change in weather. Please make sure your child is wearing a school jumper with their name on it. We have had a few mix ups this week. With the change of weather comes illness and unfortunately we have had some sick children in our room this week. We hope they get better soon.

In literacy this week we have been reading Little Red Riding Hood .

We have been discussing parts of the story and relating this to everyday life.

We have made our own story maps and in groups the children dramatized the play.

They all enjoyed this even the quieter ones!

In maths this week we are looking at addition and subtraction and continue to work on our friends of ten.

Well done to those children who have been taking their homereaders home and reading each night. I am certainly seeing some confident readers within our room.

Have a great week.
Bernadette Hogarth

3/4 NEWS

A busy fortnight in the 3/4 room! This week we have had Year 3 doing the NAPLAN. Well done to all students. They completed the tests in Writing, Language Conventions, Reading and Numeracy to the best of their abilities. Home reading and spelling has been going home and there will be a spelling test as usual tomorrow. Well done to all those students who have been taking their readers home and doing their spelling each night.

In maths we have been learning about 3 dimensional shapes, whole numbers and continuing to work on our tables and division facts. In Outdoor Education Science we will be working on Slimy Chemistry this term. This week we have been continuing our work on crystals, minerals and gems.

Ms Niemann & Mr Mirana

"Views from Attic"

Dear Parents

Congratulations to Year 5 students who have completed the NAPLAN testing this week. They have worked extremely hard during the tests. If you have any questions about the testing program please see me.

Don't forget that in lieu of homework I do expect that all children will be doing some reading at home. I will help with selection of books if needed.

Mr Stewart

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Please be careful not to park in the Bus Zone out the front of the school.

The Police will be Blitzing the area over the next couple of weeks. \$311 fine and 3 demerit points.



Could parents and carers please let the office know if your details or phone numbers or home address has changed in any way, so that we have an up to date record on your child. It is very important.

OUTDOOR EDUCATION NEWS

Our 120 Silver Perch fingerlings have settled in well and the students have all had some experience with them. Please ask your children to show you the aquaponics system and explain how it works. Our new chook pen is being made and should be ready by the end of May. Students have been busy working with the fish, learning about plants, animals and dinosaurs in the infant grades and crystals and minerals in the senior grades.

Ms Niemann

Fish being put into the tanks:)



Please check with your children if they like the sandwiches and food you are sending with them to school. We are seeing a lot of food going to waste every day, ending up in the chook bucket.

We will be putting out lots of ideas in the coming weeks for healthy lunch ideas and food tips. We won't be banning foods, just giving you suggestions:)



Don't forget this weekend is head lice check weekend:)













1800 55 1800

Kids Helpline is a service of BoysTown.

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	 ... until they are feeling better. Antibiotics may be needed.
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	 ... for 5 days from the onset of the rash and the blisters have dried.
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	 ... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	 ... for at least 24 hours after diarrhoea stops.
Fever	A temperature of 38.5°C or more in older infants and children.	 ... until temperature is normal.
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	 ... for at least 24 hours after diarrhoea and/or vomiting stops.
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	 ... for at least 4 days after the rash appears.
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	 ... unless they're feeling unwell.
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	 ... until all blisters have dried.
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	 ... unless they feel unwell or are taking a medication which makes them sleepy.
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	 ... while continuing to treat head lice each night. Tell the school.

Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	 ... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.	
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	 ... if they have symptoms. Contact your doctor before returning to school.	 ... if they have a chronic infection (not the first outbreak) and no symptoms.
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	 ... until antibiotic treatment starts. Sores should be covered with watertight dressings.	
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	 ... until well.	
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	 ... for at least 4 days after the rash appears.	
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.	
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.		
Mumps	Fever, swollen and tender glands around the jaw.	 ... for 9 days after onset of swelling.	
Ringworm* (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	 ... for 24 hours after fungal treatment has begun.	
Runny nose or common cold		 ... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.	
Scabies*	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	 ... until 24 hours after treatment has begun.	
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	 ... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.	
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	 ... as it is most infectious before the rash appears.	
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	 ... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.	
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	 ... and tell the school as other parents will need to know to check their kids.	

***It is important that the rest of the family is checked for head lice, scabies and ringworm**



Information provided by NSW Health.

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